



# The Mindful Workday

Course completed by Pronob Dey  
Apr 01, 2024 at 10:59AM UTC • 40 minutes

Top skills covered

Mindfulness

A stylized, handwritten signature in black ink that reads "Dar Brodnitz".

Head of Global Content, Learning



Certificate ID: f1aef189f4b036d7540d6a7a0efd492829318c2f5c7f6ea8cd14045090bf9fa6